



Helping families right from the start!



435-2000

[www.onhealthyfamilies.com](http://www.onhealthyfamilies.com)

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## Healthy Families can help you with...

- Applying for health insurance
- Applying for Public Assistance
- Applying for SNAP (*Supplemental Nutrition Assistance Program/Food Stamps*)
- Baby growth and development
- Breastfeeding support
- Children under 5 who have a developmental delay or disability
- Domestic violence issues
- Family planning
- Finding daycare
- Finding a dentist
- Finding a doctor for you and your baby
- Getting health screenings
- Immunizations (shots for children)
- Lead testing
- Nutrition
- Parenting
- Prenatal Education
- Referrals for mental health and depression
- Referrals for substance abuse and alcohol issues
- WIC (Women, Infants, and Children)

**Free and confidential** home visits are available to you at your home or at another location that works for you.

**Call us today!**  
**435-2000**

