

Mental Health Resource Listing



A program of the Onondaga County Health Department



Notes

This listing includes providers/services that are available for low-income women of reproductive age, including pregnant women, in need of mental health services. This listing is to be used as a resource list; it is not an endorsement. Since changes will continue to occur, it is recommended that you call and speak directly with the agency prior to referring a patient. If you have any changes or additions, please call Syracuse Healthy Start at (315) 435-2920.

**RTS Perinatal Bereavement Services Program
at Crouse Hospital, 470-2768 or 470-7372
736 Irving Avenue, 7th floor
Syracuse, NY**

- Provides bereavement support for families during any prenatal loss.
- Parent support group available.
- Free service.

Special Services

Behavioral VA Health Care, 435-3884
Veterans Administration Medical Center
800 Irving Avenue
Syracuse, NY

- Must be a veteran of the armed services or qualifying family member.

Sudden Infant and Child Death
Resource Center, 424-0009 ext 108
REACH CNY
1010 James Street
Syracuse, NY

- Provides support and referral for infant loss.
- Free service.

Onondaga County Department
of Mental Health, 435- 3355
421 Montgomery Street
Syracuse, NY

- Mental health services information and referral.

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Community Services

ARISE Child and Family Services, 472-3171
635 James Street
Syracuse, NY

- Provides mental health counseling.
- Accepts some Medicaid and health insurance plans.
- For those without insurance there is a sliding fee scale.

Better Beginnings, 424-1840
1654 West Onondaga Street
Syracuse, NY

- Catholic Charities of Onondaga County.
- Provides therapy in home setting. Must have a diagnosed mental illness and be parenting a child under the age of five.
- Service includes assessment and direct service with an early childhood education specialist.
- A free service.

Brownell Center for Behavioral Health
472-4471
1045 James Street
Syracuse, NY

- Accepts some Medicaid and health insurance plans.
- Spanish speaking services available.

Psychological HealthCare, P.L.L.C.
422-0300 ext. 5
600 East Genesee Street, Suite 217
Syracuse, NY (and other locations)

- Comprehensive mental health services.
- Accepts Medicaid and most health insurance plans.

Psychological and Family Services, 472-9042
500 McBride Street
Syracuse, NY

- Accepts some health insurance plans.
- Does not accept Medicaid.

Wellness Therapy Center, 703-0168 ext.555
731 James Street, Suite 733
Syracuse, NY

- Counseling and group therapy
- Accepts some Medicaid Managed care and other health insurance plans.

Creekside Counseling, 343-3344

428 S. Main Street
North Syracuse, NY

- Accepts some Medicaid and health insurance plans.
- For those without insurance there is a sliding fee scale.

Empower Counseling Services, 233-1212

315 S. Crouse Avenue, Suite 303
Syracuse, NY

- Marriage, family & adolescent counseling.
- Accepts some Medicaid and health insurance plans.

Integrative Counseling Services, P.L.L.C.

699-5123
6221 Rte. 31, Suite 110
Cicero, NY

- Accepts some health insurance plans.

Kou, Jane, M.D., 421-7479

610 South Salina Street
Syracuse, NY

- Accepts a small number of Medicaid patients and some health insurance plans.

Hutchings Psychiatric Center, 426-3600

620 Madison Street
Syracuse, NY

- Inpatient and outpatient services for children, adolescents, and adults with psychiatric disorders.
- Accepts Medicaid and health insurance plans.

St. Joseph's Hospital & Health Center (Outpatient)

703-2700
742 James Street
Syracuse, NY

- Counseling services.
- Accepts some Medicaid and health insurance plans.

SUNY Perinatal Depression Clinic

For more information, call Syracuse Healthy Start at 435-2920

- For Syracuse Healthy Start clients only.
- Specialty: Postpartum depression and medication management.
- Accepts some Medicaid and health insurance plans.

Private Services

Syracuse Community Health Center
CAPS Program, 234-5918
819 South Salina Street
Syracuse, NY

- General counseling, alcoholism and drug treatment.
- Accepts some Medicaid and health insurance plans.

Bienestar Bilingual Counseling Center
437-1304
2717 Bellevue Avenue
Syracuse, NY

- Primarily Spanish speaking mental health agency.
- Accepts Medicaid and some health insurance plans.

Clinical Counseling Associates, 422-0671
753 James Street, Suite 4
Syracuse, NY

- Family & child counseling, dual diagnosis, substance abuse evaluations, and DWI education.
- Accepts some Medicaid and health insurance plans.
- For those without insurance there is a sliding fee scale, minimum \$60.

Coleman, Stephen F., Psy.D.
Syracuse: 255-1382, 2700 Bellevue Avenue, Syracuse NY
Auburn: 689-7573, 11 Seminary Street, Auburn NY

- Clinical Psychologist.
- Accepts some Medicaid and health insurance plans.